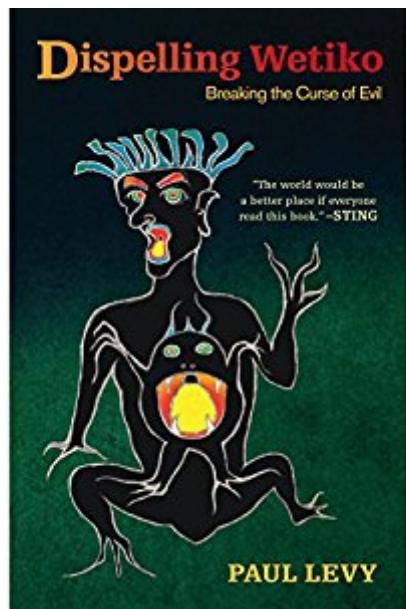


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Dispelling Wetiko: Breaking The Curse Of Evil



Synopsis

There is a contagious psychospiritual disease of the soul, a parasite of the mind, that is currently being acted out en masse on the world stage via a collective psychosis of titanic proportions. This mind-virus - which Native Americans have called "wetiko" - covertly operates through the unconscious blind spots in the human psyche, rendering people oblivious to their own madness and compelling them to act against their own best interests. Drawing on insights from Jungian psychology, shamanism, alchemy, spiritual wisdom traditions, and personal experience, author Paul Levy shows us that hidden within the venom of wetiko is its own antidote, which once recognized can help us wake up and bring sanity back to our society.

Book Information

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Customer Reviews

One of the most enlightening books I have read. Paul Levy's brilliance and personal background gives him unique insight into the psychology of modern civilization. He draws from a broad variety of sources on history, psychology, economics, physics, religion, ecology, and more--many of which I feel now compelled to investigate--but though his perspective is well-rooted in established schools of thought, he synthesizes these ideas in ways I have never seen and he has many original insights of his own to add. The book is not perfect. Its message is diluted when the author gets into claims about the physical and metaphysical reality of "wetiko" vs. simply presenting it as an archetype that has seized the collective unconscious. It is often redundant. The author commonly takes several

pages to repeat a single idea in slightly different ways; sometimes this elucidates the mind-bending concepts but more often the repetition is superfluous. Beyond its faults, this is a vitally important book about the root problem cursing the human race and how to address it. The section on self-reflection (p. 190) is one of the most illuminating passages I have read anywhere. I whole-heartedly agree with Sting, who said "The world would be a better place if everyone read this book," and I will certainly review it multiple times myself.

This is one of those rare books with a transformative psychic payload. Even before I finished reading it, I became aware of profound stirrings in my foundational beliefs about self and other, powerlessness and purpose. Suddenly this inner terrain became much more visible, and it was breaking apart, making way for a more empowered and transparent identity. In "Dispelling Wetiko", Paul Levy gives name and form to the psychic disease that has been ravaging individuals and institutions of Western civilization for most of our known history. He shows us how to transform our old, disempowering concepts of evil into something that encourages healing and awakening. Drawing on his knowledge of Jungian and transpersonal psychology, Hermetic alchemy and quantum mechanics, Levy sheds light on how our unresolved psychic wounds compel us to blindly propagate our trauma onto others (and ourselves) in self-reinforcing vicious cycles of codependent projection and blame. We can see this dark cycle of trauma playing itself out on every scale, from the personal, to the family, the community, all the way up to our highest institutions of global commerce and governance. "Dispelling Wetiko" shows how trauma and evil, properly understood, actually exist to facilitate our evolution by helping us to integrate the Jungian shadow. An important aspect of the book is Levy's exploration of our psyche's natural process of adapting to trauma (an event the psyche is unable to immediately process and integrate). Levy shows how our response to psychic wounding is actually normal and healthy, and this insight goes a long way toward dispelling the shame and powerlessness that are often bound up with unresolved trauma. Add to that a big-picture view of the nature and purpose of human experience and the evolution of consciousness, and you have a powerful recipe for awakening and transformation. While his writing style tends toward the academic and is occasionally repetitive, it's definitely worth the journey for anyone interested in a deeper understanding of psychic trauma, evil, and the healing and integration of our personal and transpersonal shadow. *ÀfÃ¢â'¬â'•Matthew Blais, "Healing the Shadow and the Mirror of Relationship"*

The ideas in this book are validated in Carlos Castaneda's last book, *The Active Side of Infinity* (last

chapter). "We have a predator that came from the depths of the cosmos, and took over the rule of our lives. Human beings are its prisoners. The predator is our lord and master. It has rendered us docile; helpless. If we want to protest, it suppresses our protest. If we want to act independently, it demands that we don't do so." "Think for a moment, and tell me how you would explain the contradiction between the intelligence of man the engineer, and the stupidity of his systems of beliefs; or the stupidity of his contradictory behavior. Sorcerers believe that the predators have given us our systems of beliefs; our ideas of good and evil; our social mores. The predators are the ones who set up our hopes and expectations, and dreams of success or failure. They have given us covetousness, greed, and cowardice. It is the predators who make us complacent, routinary, and egomaniacal." "In order to keep us obedient, meek and weak, the predators engaged themselves in a stupendous maneuver- stupendous, of course, from the point of view of a fighting strategist; a horrendous maneuver from the point of view of those who suffer it. They gave us their mind! Do you hear me? The predators give us their mind which becomes our mind. The predators' mind is baroque, contradictory, morose, and filled with the fear of being discovered any minute now." "This predator," don Juan said, "which, of course, is an inorganic being, is not altogether invisible to us as other inorganic beings are. I think as children we do see it, but we decide it's so horrific that we don't want to think about it." Castaneda called the implant the "foreign installation." He said it had a particularly unpleasant energy, back and forth, when human energy is more wave-like. What we call our internal dialogue/prefrontal cortex is the predator's: it gives us our self-importance, our rationalizing, our doubts, self-pity, self-justification, fears, obsessions, our projections, etc. etc. The only way we can get rid of it is to become AWARE OF IT and to stop believing that is ourselves.

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